# ProxIMed Webinar Nutritional Aspects of Alternative Proteins



March 13, 2025 13:30 – 16:00 UTC+1

## **Register now!**

https://hswt.zoom.us/meeting/register/JtnAc4KqSgCjrNBl3l7wQQ

| 13:30-13:45 | <b>Opening the Dialogue</b><br>Welcome and introduction to set the stage for<br>discussions on alternative protein sources.  |
|-------------|--|
| 13:45-14:30 | <b>Cracking the Code of Protein Quality</b><br><b>and Digestibility in Alternative Proteins</b><br><b>Prof. Dr. Tullia Tedeschi (University of Parma,</b><br><b>Italy)</b> explores the importance of amino acid scores<br>and addresses the digestibility challenges and<br>opportunities for plant-based and novel protein<br>sources. Followed by a 5-minute Q&A session. |
| 14:35-14:45 | <b>Short Break</b><br>A short break to refresh and recharge.   |
| 14:45-15:15 | <b>Unlocking Nutrient Potential</b><br><b>Prof. Dr. Dimitris Fatouros (Aristotle University of Thessaloniki, Greece)</b> presents insights into bioavailability and absorption of biologically active substances in the gastrointestinal tract. Followed by a 5-minute Q&A session.  |

## 15:20-15:50

### **Toxicology in Focus**

**Dr. Frederick Lia. (Malta College of Arts, Science and Technology, Malta)** highlights potential toxicological considerations in alternative protein sources. Followed by a 5-minute Q&A session.

## 15:55-16:00

## Wrapping Up Insights

Closing remarks to summarize key takeaways and future directions in the field of alternative proteins.



This study has received funding from the European Union's Horizon 2020-PRIMA Section I Program under grant agreement no 2232



# ProxIMed Webinar \_\_\_\_\_\_ Alternative Proteins Unveiled: Insights from ProxIMed's Young Researchers



March 14, 2025 13:30 – 16:30 UTC+1 Register now!

https://hswt.zoom.us/meeting/register/6fl7v3QDQpSdMpDQgamxdA

| 13:30-13:40 | <b>Opening the Dialogue</b><br>Welcome and introduction, highlighting the critical role of<br>young researchers in shaping the future of sustainable<br>food systems.   |
|-------------|---|
| 13:40-13:55 | Turning Food Waste into Nutrition: Unlocking the<br>Potential of Tomato Pomace for Single Cell<br>Protein Production<br>Ayşe Sultan Akgün (PhD Student)<br>Middle East Technical University, Türkiye                                      |
| 13:55-14:10 | Innovative Protein Extraction Techniques: How<br>Ultrasound and Microwave-Assisted Methods<br>Effect Protein Yield and Functionality from<br>Tomato Pomace<br>Bodoor Aljurf (Master Student)<br>Middle East Technical University, Türkiye |
| 14:10-14:25 | Polysaccharide-Based Aerogels: Revolutionary<br>Materials for Food Applications and Beyond<br>Özge Güven (PhD Student)<br>Middle East Technical University, Türkiye   |

### 14:25-14:40

Exploring Mallow Leaves as a Novel Protein Source Using Ultrasound-Assisted Extraction Techniques Zülal Aksoy (PhD Student) EGE University, Türkiye



#### **Short Break** A brief pause to refresh and recharge.



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| 14:50-15:05 | Harnessing the Power of Microalgae: A<br>Sustainable Solution for Alternative Protein<br>Production in the Future Food Industry<br>Mouna Hbaieb (PhD Student)<br>University of Sfax, Tunisia  |
|-------------|---|
| 15:05-15:20 | Faba Beans as a Sustainable Protein Source:<br>Insights into Extraction Techniques and<br>Functional Properties for Food Applications<br>Dilara Ozcan (Master Student)<br>Middle East Technical University, Türkiye                                     |
| 15:20-15:35 | Ultrasound Pretreatment Effect on Protein<br>Extraction from Yellow Lentils: Bridging<br>Sustainability and Efficiency in Plant-Based<br>Proteins<br>Lisa Ziegltrum (PhD Student)<br>University of Applied Sciences Weihenstephan-Triesdorf,<br>Germany |
| 15:35-15:50 | <b>Measuring Environmental Impact: The Power of<br/>Life Cycle Assessment<br/>Andreas Geß, (PhD Student)</b><br>University of Applied Sciences Weihenstephan-Triesdorf,<br>Germany  |

#### **Q&A Session**

#### 15:50-16:20

Engage with presenters to explore their research findings and gain insights into conducting impactful research within European Union projects.

### 16:20-16:30

#### Wrapping Up Insights

Closing remarks summarizing key takeaways of the webinar



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